



JACK: ENCEPHALITIS RECOVERY

Jack, 61, came to Hamberley Neurocare following a prolonged illness due to shingles and encephalitis. This led to severe deconditioning, balance issues, and generalised weakness. On admission, Jack required a walking frame and support to mobilise over short distances.



GOALS & OUTCOMES

GAS
GOAL ATTAINMENT SCALING

+29

35.5 at baseline to 60.9 on discharge

FIM+FAM

+25.4

215 on admission to 244 on discharge

TO INCREASE STRENGTH AND INDEPENDENCE

Jack's aim was to build his strength and independence before returning home. After assessment, he began a programme of rehabilitation with physical & occupational therapy.



STEP 1

STRENGTH AND BALANCE TRAINING

Through targeted therapy, Jack regained the strength and balance needed for independent mobility.

STEP 2

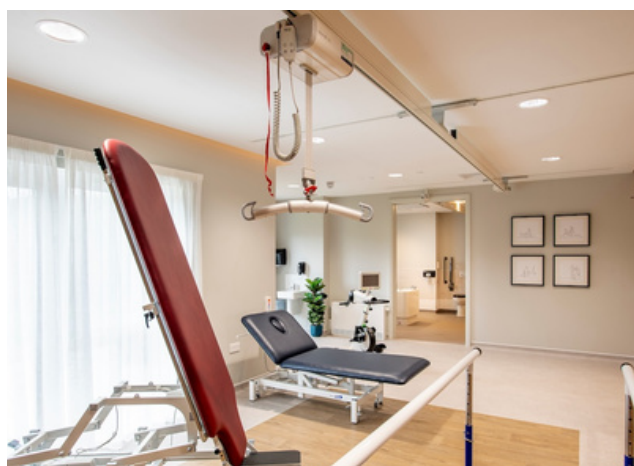
USE OF STAIRS AND OUTDOOR WALKING

Jack's hard work with the team enabled him to access his community and perform all daily living activities, including walking and managing stairs unaided.

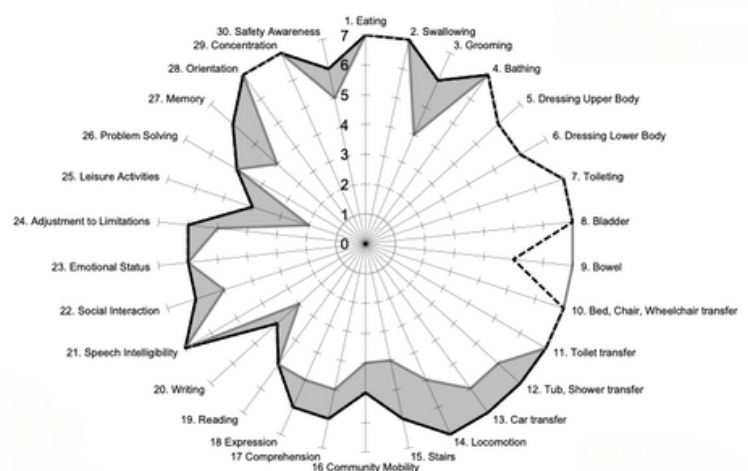
HOME

DISCHARGE TO HOME

After three weeks of intensive rehabilitation, Jack returned home. His rapid recovery and increased independence highlight the impact of a focused, individualised rehabilitation approach.



The Physiotherapy Gym at Hamberley Neurocare Basingstoke



Empowering recovery, restoring lives