

Hamberley Neurocare

Basingstoke

EMPOWERING RECOVERY, RESTORING LIVES



# WELCOME TO HAMBERLEY NEUROCARE BASINGSTOKE

At Hamberley Neurocare Basingstoke, we believe in the power of collaboration and the importance of empowering individuals to lead meaningful and fulfilling lives.

Our approach goes beyond traditional rehabilitation and long-term care; we strive to tailor our nursing care and specialised therapeutic methods to align with each person's preferences and needs. This bespoke approach ensures that we not only meet but exceed the expectations for quality outcomes, enhancing the well-being and quality of life for those we support.

Our commitment to excellence and personalised care is evident in every aspect of our service. From our physiotherapy gym where individuals can work towards their physical rehabilitation goals, to the compassionate support provided by our team, Hamberley Neurocare Basingstoke is dedicated to being a place of recovery, resilience, and renewal.

We invite you to explore our new services and look forward to supporting you or your loved one on the journey towards recovery and beyond, always with the goal of empowering recovery and restoring lives.



Gill Irish
REGISTERED MANAGER

## Care & Pathways

# NEUROCARE & REHABILITATION EXCELLENCE IN THE HEART OF THE COMMUNITY

At Hamberley Neurocare, we focus on enabling people to live with independence through nursing care, therapeutic interventions and lifestyle adaptations required for people living with neurological symptoms – whatever their condition or prognosis.

We pride ourselves on our truly interdisciplinary approach to residential neurorehabilitation and care that puts people's goals and desired outcomes at the heart of their support.

Our specialist interdisciplinary team of nurses, neuro therapists, and Life Skills Specialists are experienced in supporting people living with progressive and sudden-onset neurological disorders affecting the brain, spine, and the nerves that connect them.

#### **REHABILITATION & CARE PATHWAYS**

### **Rehabilitation Pathway**

For people recovering from sudden-onset conditions, including traumatic and acquired brain injury including those sustained through trauma, anoxia, stroke, tumour, virus, or infection.

### **Complex Care Pathway**

For people with complex neurological conditions who require specialised, continuous care, our services extend to expert management in several areas. We provide care for residents who need support with nutrition and hydration, including Percutaneous Endoscopic Gastrostomy (PEG) management, address the needs of those with cognitive impairments and manage behaviours associated with stress and distress.

### Neurodegenerative Pathway

For people with progressive neurological conditions, including motor neurone disease, multiple sclerosis, Huntington's disease, brain tumours, Parkinson's disease, Pick's disease, and early-onset dementias

### Respite and Neuro-palliative Care

Private and funded respite care is available for individuals who require a short period of support, and the team is skilled in caring for people at the end of their life.

Hamberley Neurocare supports people with complex physical, neurological, psychological and behavioural needs:

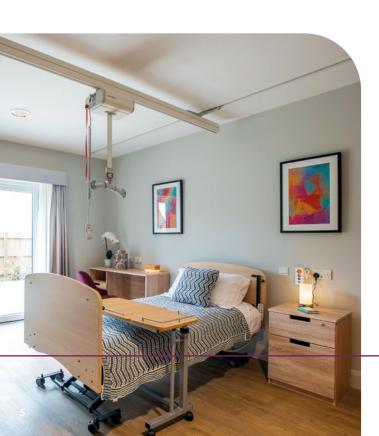
- spasticity and postural management
- supported nutrition and hydration
- continence and personal care
- mobility impairments
- skin integrity issues/concerns
- swallowing difficulties (dysphagia)
   and modified diet and nutrition
- moderate to severe cognitive impairment
- communication challenges
- memory problems, disorientation and confusion
- depression, anxiety, and emotional difficulties

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# Facility

# CONTEMPORARY, ACCESSIBLE ACCOMMODATION, DESIGNED FOR REHABILITATION

Designed around the needs of people living with a range of neurological conditions, Hamberley Neurocare Basingstoke elegantly combines style and function.



In addition to dedicated areas for families and individuals to come together to cook, eat and relax, the light, contemporary, open-plan service has assistive technology built-in and WiFi throughout, a physiotherapy gym and elegant interior-designed spaces.

Each one of our 27 spacious ensuite bedrooms is fully soundproofed with independently controlled underfloor heating. Our one-bedroom, self-contained independent living apartment, allows people to develop their independence in a home from home environment.

The stylish apartment includes a large, light, and airy open-plan kitchen diner. The fully accessible space is suitable for all, cleverly designed to offer independence for wheelchair users and people with limited mobility. The bedroom has pull-down storage in the wardrobe, and adjustable height worktops and flexible space ensures that using the kitchen is safe, comfortable, and practical for all.





### Outcomes

### **ACHIEVING POSITIVE OUTCOMES**

At Hamberley Neurocare Basingstoke, we understand that each individual's journey is unique, and therefore, their rehabilitation goals and definitions of success vary widely. For some, neurorehabilitation may involve reacquiring daily living skills to enable a return to independent living. For others, it may focus on preserving existing skills and managing the increasing impact of progressive conditions on their daily lives. Certain individuals may require a concentrated effort on enhancing their physical health, clinical stability, and emotional well-being.

To support these diverse needs, we employ electronic care plans and hand-held devices for immediate and secure access to personal information. Our measurable, partnership-driven approach to goal setting, regular reporting, and assessments instils confidence in individuals, families, and care commissioners that our rehabilitation strategies are tailored and effective for each person we support.

# Therapeutic excellence & specialist nursing care

### AN INTERDISCIPLINARY TEAM OF SPECIALISTS

#### Consultant-led care

Our Consultant in Rehabilitation Medicine leads our interdisciplinary team, ensuring a cohesive approach and close working with acute hospital services, community teams, and other care providers.

### Therapeutic excellence

Our interdisciplinary team of Neurotherapists support people to live with more independence, whatever their rehabilitation needs. Injuries or illnesses that affect the brain can cause changes in cognitive abilities, including thinking and decision-making, and impact emotional well-being, such as mood changes and stressed or distressed behaviours.

- Our Neuropsychologist works with individuals who are experiencing these changes, and their families, with the goal of providing supporting strategies and enhancing well-being.
- ► Neurological Physiotherapists are trained to treat neurological conditions with the aim of providing interventions which help an individual to regain or maintain their maximum movement, strength and functional independence.
- Occupational Therapists work to increase people's independence in areas of everyday living, ensuring people can function in their environment, with adaptations where required.
- Speech and Language Therapists support people who experience swallowing difficulties and communication issues, sometimes by using communication aids and adaptive equipment.

### **Complex Nursing Care**

Our specialist nurses support individuals and families as they adapt to a new way of life, providing complex care within a supportive environment that promotes good physical, psychosocial, and mental health.

Our nurses support people with the symptoms associated with epilepsy, dementia and physical disabilities, including postural support, supported nutrition, and pain management.

### Life Skills Specialists

Life Skills Specialists (LSS) offer a revolutionary approach to neurocare and rehabilitation, leading to better outcomes for the people we support.

LSS have a comprehensive role that reimagines the traditional carer into an enabling supporter, combining care, therapeutic and clinical input, and companionship, in one.

Supporting neurorehabilitation in three fundamental ways, LSS provide opportunities for rehabilitation throughout each interaction, ensure knowledge sharing between different interdisciplinary approaches and enable rest and recovery.





### Meet the team



Gill Irish
REGISTERED MANAGER

Gill Irish is a Registered Nurse trained in both general and paediatric care. She brings extensive experience from managing acute services in the NHS, complex care in the community, and nursing homes. As Registered Manager, Gill supports individuals and families, care commissioners and her team, ensuring Hamberley Neurocare Basingstoke is an outstanding service in which to live and work.



Dr Jonathan Mamo
CONSULTANT IN
REHABILITATION MEDICINE

Dr Mamo is the clinical lead for Neurological Rehabilitation at the Royal Berkshire and West Berkshire Community Hospital. Dr Mamo supports patients with traumatic brain injury, stroke, spinal cord injury and neurodegenerative diseases.



Marlene Noel
CLINICAL LEAD

Marlene Noel is a Registered Nurse and brings her extensive expertise in neurocare to Hamberley Neurocare. Previously the Clinical Lead with a rehabilitation service in Bagshot, Marlenw has held a number of managerial and Senior Nurse roles both in the NHS and the Private Sector. As Clinical Lead, Marlene supports our specialist nursing team and neurotherapists to provide life changing rehabilitation and support.



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### Referrals

### MAKE A REFERRAL

To make a referral, arrange a visit, or request further information, please contact Alastair White, Business Development Manager. Alastair supports families and professionals looking for expert neurocare and rehabilitation.

Assessments are carried out by an appropriate, skilled clinician in order to gain as much information as possible to inform understanding of need and person-centred care planning, with information shared between referrers, the NHS, case managers and local authority via secure emails and phone calls.

Following assessment, a comprehensive report with recommendations and costs is produced by the Hamberley Neurocare team and shared with the referrer. Funders can be confident that rehabilitation is cost-effective, with responsive therapeutic and nursing input which changes as people progress towards their goals.

### **Alastair White**

- alastair.white@hamberleyneurocare.co.uk
- alastair.white5@nhs.net

   alastair.white5
- 07827 202 250



### **REGULAR REVIEWS**

Every care and rehabilitation pathway includes an initial assessment, care planning, and goal setting with interdisciplinary team members, individuals, and families.

An initial progress review occurs at 6–8 weeks, followed by another at 12–14 weeks. For shorter rehabilitation placements, we will arrange timely progress reviews, with reports at the halfway point of an agreed rehabilitation period, or as directed by Commissioners.

At these meetings, team members, individuals, families, and care commissioners discuss and agree on next steps, including discharge planning, transition to long-term care, or advanced care planning.

#### **FUNDING CARE**

Funding is usually obtained through to Integrated Care Boards, Continuing Healthcare and by local authorities. Placements can also be self-funded by individuals and family members, or through legal settlements.



Watch our video





Take our virtual tour



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